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“What is fair?”: Developing a framework and best practices in health insurance

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Speaker Profile



Christine Fairall, FIA C.Act

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Christine Fairall is a Senior Consultant at Milliman. Christine qualified as a healthcare actuary in 2009, with more than 20 years of insurance sector experience.

Christine's expertise includes healthcare insurance actuarial reporting (Solvency II and IFRS 17), reserving and technical provisions, solvency/regulatory and economic capital modelling, pricing and underwriting, actuarial policies, insurance risk management and M&A due diligence.

Prior to Milliman, Christine held various roles at Bupa (2013 – 2024); most recently as the Group Corporate Actuarial and Actuarial Transformation Director responsible for actuarial function reporting, implementation of IFRS 17 and actuarial modelling tools. Prior to Bupa, Christine was at WTW and KPMG where she led several advisory, pensions and healthcare schemes projects.

Agenda

Part I (presentation):

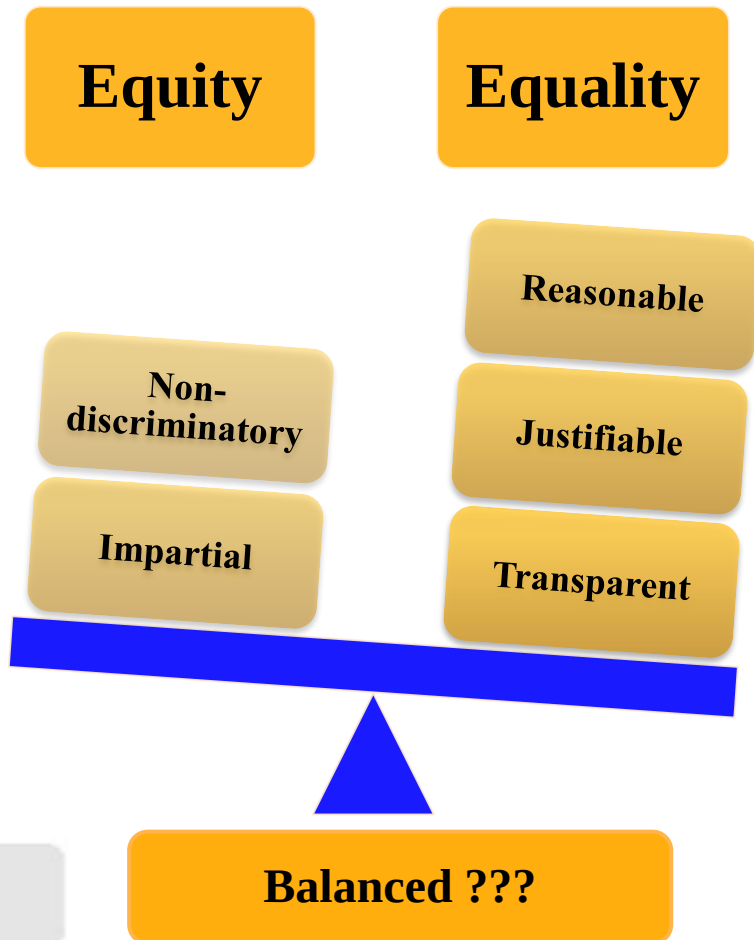
- What is “fairness”?
- What is not fair (UK context)
- Four-step approach to fairness

Part II (fireside chat with Manish Sen):

- Discuss fairness application in the India health insurance market context
- Q&A

Part I: Presentation

What is fair?



What is fair?

“ ...treating people or situations in a way that is right, reasonable, and impartial, without favourism, bias, or discrimination”

– Sources: dictionary.cambridge.org; distionary.com

What is fair?

“ ...beautiful to the eye, agreeable...”

— According to Old English *‘fæger’*, from the Oxford English Dictionary

“ ...morally good...”

— In late Old English

It's not fair!

All health insurance claimants are **vulnerable to some extent**

Complex product and poor value perception

Product complexity may hide true costs. Vulnerable consumers can receive poor value.

Complicated T&Cs

Exclusions and Pre-existing Conditions
Rules about existing health issues vary widely.



Jargons and convoluted details

Insurance documents often use complex language. This obscures exclusions and conditions. Consumers struggle to compare policies effectively.

Inaccessible support

Lack of appropriate assistance and services for vulnerable customers.

Barriers to access

According to the UK Financial Conduct Authority, **49%** of the adult population in the UK **shows one or more characteristics of vulnerability**, and **60%** struggle to keep up with bills.



Health insurance claimants are inherently vulnerable.

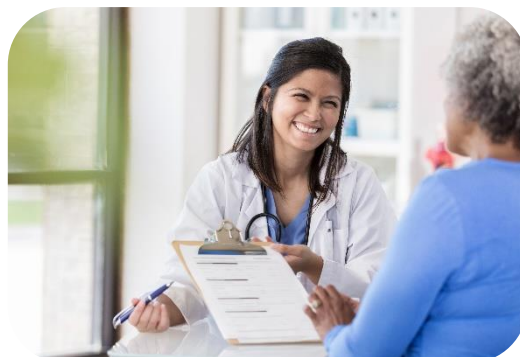
**Vulnerable
Customers**

The role of health insurance

Health insurance has a critical role in financial risk protection, improving access to care, promoting and supporting sustainability, and contributing to economic productivity and social welfare.



**Financial
protection**



**Access to
healthcare**



**Promote
good health
and well-
being**

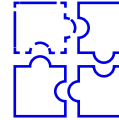
Fairness in health insurance

Fairness principles include equality, need, recognition, participation and distribution



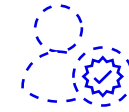
Equitable Access

Ensuring all customers have appropriate access to healthcare services



Non-Discrimination

Avoiding unfair treatment based on protected characteristics



Transparency

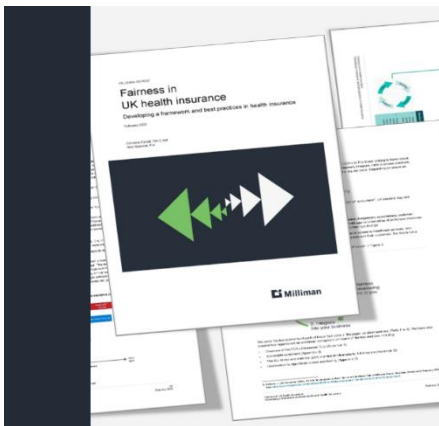
Clear communication between insurers and customers



Source: [Fairness in UK health insurance: Developing a framework and best practices in health insurance](#)

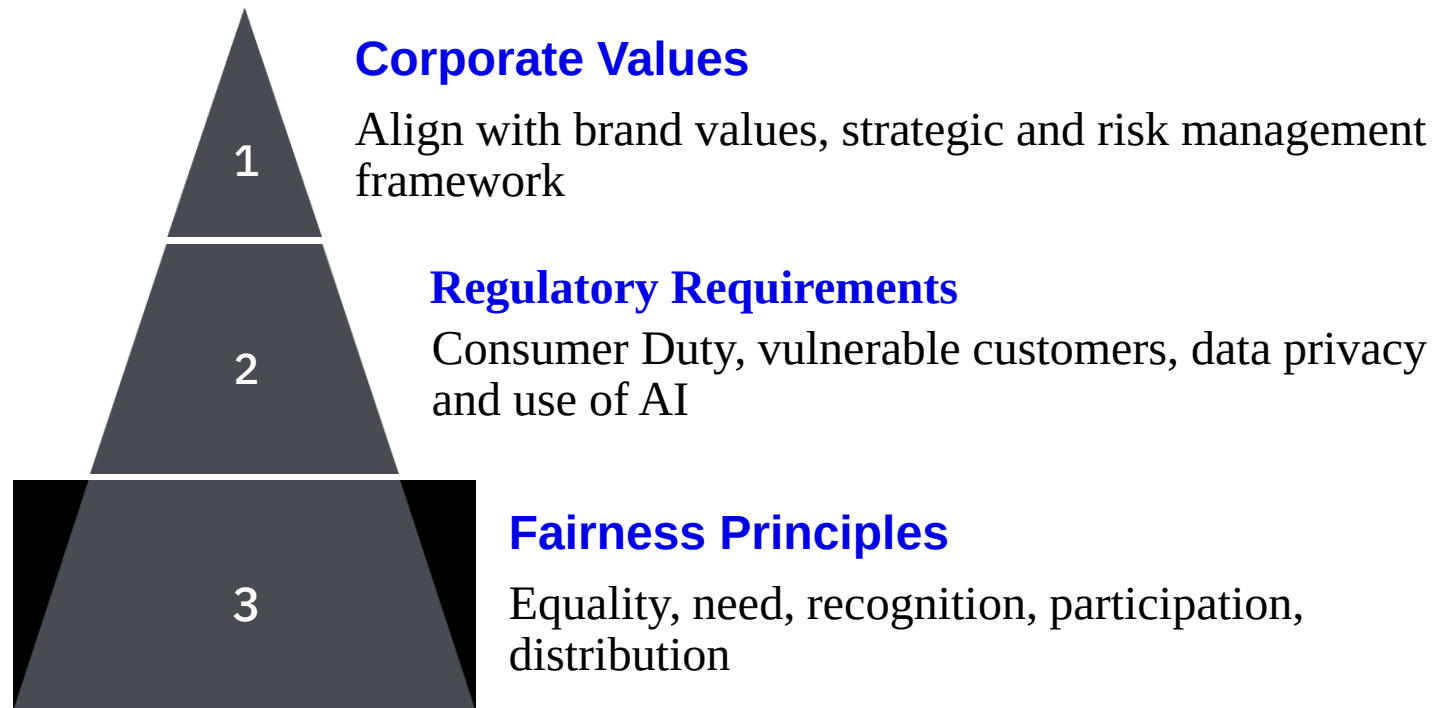
A four-step approach to fairness

DEFINE	INTEGRATE	ASSURE	SCAN
Develop a framework of what “fairness” means for you	Integrate into business strategies, operations and practices	Embed monitoring and assurance processes to evaluate outcomes	Horizon scan for continuous improvements and remediations



Source: [Fairness in UK health insurance: Developing a framework and best practices in health insurance](#)

Step 1: Define your fairness framework



The **FCA's Consumer Duty** requires firms to focus on **delivering good outcomes** for customers, based on three cross-cutting rules: **1. act in good faith; 2. avoid foreseeable harm; and 3. enable consumers to make informed decisions.**

Step 2: Integrate fairness into operations



Pricing & Underwriting

- Data-driven analysis
- Transparent medical underwriting
- Clear documentation
- Consistent decision-making

Customer Service

- Ensure access to quality healthcare
- Needs of vulnerable customers
- Avoid behavioural and unconscious bias

AI Usage

- Pre-screen data to reduce bias
- Ensure explainability and human oversight
- Implement AI risk management and governance framework

Sustainable Business Model

- Invest in technology and build strategic partnerships
- Foster a culture of collaboration
- Vintaging and experience sharing

Step 3: Embed assurance processes



Algorithmic Testing

Proactively investigate and remediate biases in AI systems



Customer Claim Journey

Ensure fair treatment when customers are most vulnerable



Societal Inclusion

Identify underserved communities as business opportunities

Simply removing protected characteristics from data isn't enough - indirect bias must be addressed.



Step 4: Monitoring and horizon scanning



Monitor EU regulations

EU rules often become UK precursors



Track consumers campaigns

"Fair Insurance Pricing" and "Right to Forget" for cancer



Genetic testing and personalised medicine

Balance genetic testing, privacy and fairness



Part II: Fireside Chat



Questions



Comments

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